

OUSIA

aesthetics, massage & scalp spa

Welcome to Ousia Stillness Studio — a calming retreat designed to restore balance through intentional self-care experiences for skin, scalp, and body. Blending modern wellness with elevated relaxation, our studio offers customized facials, Japanese-inspired head spa treatments, scalp therapies, body rituals, and restorative treatments in a peaceful, sensory-focused environment.

Every experience is thoughtfully designed to help guests slow down, reset, and reconnect through soothing touch, warm aromatherapy, calming scalp massage, and results-driven care. Whether visiting for deep relaxation, skin renewal, or a quiet moment away from everyday stress, guests are invited into a serene atmosphere centered on comfort, stillness, and renewal.

MENU OF SERVICES

M A S S A G E S

50/80 minutes

SIGNATURE RELAXATION MASSAGE

\$145/\$200

Our most requested full-body massage, designed to melt away tension and quiet the mind. Using soft to medium pressure, this treatment calms the nervous system and promotes a sense of deep relaxation. Flowing techniques are tailored to ease stress and restore balance, leaving you feeling refreshed, centered, and completely at ease.

STONE BALANCE MASSAGE

\$150/\$210

A client favorite, this grounding full-body massage incorporates smooth, warmed stones to relax muscles, improve circulation, and deepen relaxation. The gentle heat allows for a more soothing release of tension while promoting overall balance.

DRY BRUSH RENEWAL MASSAGE

\$155/\$190

An invigorating treatment that begins with dry brushing to stimulate circulation and gently exfoliate the skin. This is followed by a customized relaxation massage, leaving your body feeling refreshed, renewed, and your skin noticeably smoother and glowing.

BODY TREATMENTS

50/80 minutes

THERMAL BALANCE STONE RITUAL

\$160/\$220

A deeply restorative experience using both warm and cool stones to encourage circulation, reduce inflammation, and bring the body back into balance. This full-body ritual melts away tension while revitalizing tired muscles.

SEASONAL BOTANICAL BODY RITUAL

\$145/\$195

A sensory, full-body experience inspired by the season. This treatment begins with a gentle exfoliation using botanical ingredients, followed by a nourishing application designed to hydrate and soften the skin. A relaxing massage completes the ritual, leaving your body renewed, radiant, and delicately scented.

COLLAGEN RENEWAL BODY TREATMENT

\$150/\$200

A results-driven body treatment designed to hydrate, firm, and revitalize the skin. This service combines targeted exfoliation with collagen-supporting ingredients and a deeply relaxing massage to improve skin texture and promote a smoother, more youthful appearance.

FACIAL EXPERIENCES

50 minutes

Our facials use professional Korean skincare and thoughtfully designed techniques to hydrate, restore, and revitalize your skin. Each treatment combines nutrient-rich serums, soothing massage, and aromatherapy from our private essential oil collection to leave your complexion calm, balanced, and radiant.

GLOW HYDRATION FACIAL

\$135

A deeply hydrating facial designed to restore moisture, radiance, and vitality. This treatment uses botanical actives, peptides, and a nano-infusion of EGF to rejuvenate the skin at a cellular level, leaving it plump, refreshed, and glowing.

AGE-DEFY FACIAL

\$150

A rejuvenating facial designed to smooth, firm, and revitalize the skin. This treatment features a peptide-rich V-Tox mask, celebrated for enhancing microcirculation, improving skin texture, and leaving a radiant, "glass-skin" finish. Finished with a PDRN nano-infusion serum, this advanced facial nourishes and supports the skin's natural vitality, leaving it refreshed and glowing.

FACIAL EXPERIENCES CONT.

50 minutes

FIRE & ICE FACIAL

\$145

A Carboxy-style facial that uses the contrast of heat and cold to revitalize aging skin. Warmth stimulates circulation, while cooling techniques calm, tighten, and refresh. A mild bubbling sound and warming “spicy” sensation are normal and part of the treatment experience. Finished with PDRN, this advanced facial helps improve skin texture and overall vitality.

ZEN CICA RITUAL

\$135

A soothing and restorative facial designed to calm stressed or sensitive skin. Gentle masks and cryoglobes reduce inflammation and promote circulation, while a highly advanced, antioxidant-rich Relief Ampoule elevates the reparative power of cica. Skin is left balanced, refreshed, and visibly calmer.

JAPANESE HEADSPA

50 minutes

SIGNATURE SCALP TREATMENT

\$135

A deeply relaxing ritual designed to calm the nervous system while revitalizing the scalp and hair. This experience combines therapeutic scalp massage, warm water therapy and nourishing scalp care to promote circulation, relieve tension and restore balance. Guests leave feeling refreshed, grounded and renewed from scalp to soul.

ADD-ON ENHANCEMENTS

15 minutes

SCALP RITUAL

\$25

A quick, refreshing scalp treatment with a nourishing scalp elixir and gentle massage to stimulate circulation. Warm towels enhance absorption and relaxation.

SOLE RITUAL

\$25

A mini foot treatment with gentle sugar exfoliation, hydrating mask, and simple reflexology techniques to refresh tired feet.

FACIAL CUPPING & LYMPHATIC MASSAGE

\$20

Targeted facial cupping and lymphatic massage to improve circulation, reduce puffiness, and support natural detoxification.